

# Music and the Mind

## with the Minnesota Orchestra

Sarah Hicks, conductor | Sam Bergman, host and viola

Sam and Sarah

Friday, February 7, 2020, 8 pm | Orchestra Hall

Understanding the human brain can be as complex and confusing an undertaking as trying to explain what music is and why we like it. In this program, we'll explore the connections between music and neuropsychology, examine the way humans respond to sound and rhythm, and delve into the lives of composers whose own mental conditions shaped the structure and sound of the music they wrote.

Ludwig van Beethoven	<i>Adagio molto e cantabile,</i> from Symphony No. 9 in D minor, Opus 125	ca. 15'
Wolfgang Amadè Mozart	<i>Allegro,</i> from Symphony No. 39 in E-flat major, K. 543	ca. 4'
Arnold Schoenberg	Excerpt from <i>Accompaniment to a Cinematic Scene,</i> Opus 34	ca. 5'
Olivier Messiaen	<i>Serene hallelujahs of a soul that longs for heaven,</i> from <i>L'Ascension,</i> Four Meditations for Orchestra	ca. 6'
Anton Bruckner	<i>Scherzo: Moving – Trio: Comfortable,</i> from Symphony No. 4 in E-flat major, <i>Romantic</i>	ca. 9'
I N T E R M I S S I O N		ca. 20'
Robert Schumann	<i>Allegro molto vivace,</i> from Symphony No. 2 in C major, Opus 61	ca. 8'
Silvestre Revueltas	<i>Sensemaya</i>	ca. 7'
Todd Levin	<i>Blur</i>	ca. 6'
Jean Sibelius	<i>Finale: Allegro moderato,</i> from Symphony No. 2 in D major, Opus 43	ca. 20'

**Meet the Musicians Onstage:** Following tonight's concert, the audience is invited to join Minnesota Orchestra musicians onstage for conversation and beverages after the stage is cleared.

### Sarah Hicks, conductor

Conductor Sarah Hicks, the Minnesota Orchestra's principal conductor of Live at Orchestra Hall, has led a broad range of programs since joining the Orchestra as assistant conductor in 2006. During the 2019-20 season, she conducts the Orchestra in numerous programs including performances with Cloud Cult; a tribute to Frank Sinatra and Ella Fitzgerald featuring Capathia Jenkins and Tony DeSare; "The Russian Century," the next concert in the Sam and Sarah series; and live performances of movie scores in the Movies and Music series including *Star Wars: The Empire Strikes Back* and *It's a Wonderful Life*. Away from Orchestra Hall, she recently conducted performances of Disney Pixar's *Coco* at the Hollywood Bowl as well as the orchestra in ABC's live televised production of Disney's *The Little Mermaid*. More: [minnesotaorchestra.org](http://minnesotaorchestra.org).



### Sam Bergman, host and viola

Sam Bergman joined the Minnesota Orchestra in 2000. In addition to performing as violist, he serves as host and writer for the Orchestra's Sam and Sarah concert series, and he also hosts the Orchestra's Symphonic Adventures concerts for high school audiences. In recent years he has performed as a guest or substitute musician with ensembles including the Atlanta Symphony Orchestra, Calgary Philharmonic Orchestra, Chicago Symphony Orchestra, IRIS Orchestra, New York Philharmonic and Philadelphia Orchestra. He has appeared in many Minnesota Orchestra chamber music concerts, including one earlier this month, at which he performed Gabriella Smith's string quartet *Carrot Revolution* with Orchestra colleagues. He has written often for the Orchestra's website, including a series of posts about the historic Cuba tour in 2015. More: [minnesotaorchestra.org](http://minnesotaorchestra.org).